



Jax Air News

A CHINFO AWARD-WINNING NEWSPAPER

**TOUCHING
BASE**

**Admiral's
Call slated**

There will be an All-Hands Admiral's Call on Nov. 26 at 1:30 p.m. at the VP-30 auditorium. All military and Navy Region Southeast civilian personnel are required to attend.

**Newspaper
deadlines change**

Due to the Thanksgiving holiday on Nov. 28, all submissions to the Jax Air News must be turned in by Nov. 21 at 4 p.m. for the Thanksgiving week edition. The paper will hit the stands on Nov. 27.

All submissions for the Dec. 5 edition must be turned in by 4 p.m. on Nov. 27. The Jax Air News office will be closed Nov. 28 and 29.

**Navy announces
holiday season
mailing dates**

The Naval Supply Systems Command (NavSup), in cooperation with the U. S. Postal Service and military postal officials from all of the services, notes that it's not too early to mail 2002 Christmas cards and packages to and from military addresses overseas. NAVSUP recommends that holiday mail and packages be taken to the nearest U.S. Post Office or APO/FPO military post office by the following dates.

For military mail addressed to APO and FPO addresses:
 Parcel post - now;
 space available - Nov. 27;
 parcel airlift - Dec. 4;
 air letters, air cards and priority mail - Dec. 11.

For military mail from APO and FPO addresses:
 space available - Nov. 20;
 parcel airlift - Dec. 4;
 priority mail, first-class air letters and air cards - Dec. 11; express mail - Dec. 18.

**Veterinary shot
clinic offered**

The South Atlantic District Veterinary Command, NAS Jacksonville Branch will hold an evening clinic tonight from 5-7 p.m. for appointments only and on Nov. 23 from 8 a.m. to noon. The Saturday clinic will offer shots and conduct heartworm tests for pets. No appointments are needed, walk-ins only. For more information, call 542-3786.

40 pledge to stay Navy



Photo by Miriam S. Gallet

Forty Navy Sailors pledge to stay Navy during a pre-game re-enlistment ceremony held at Alltel Stadium last Sunday. Rear Adm. Annette E. Brown, commander, Navy Region Southeast administered the re-enlistment oath.

By Miriam S. Gallet
 Editor

Last Sunday afternoon at Alltel Stadium, 40 Sailors from Navy Region Southeast pledged to stay Navy during a pre-game re-enlistment ceremony.

Under the gaze of more than 66,000 football fans, families and friends, these Sailors, ranging in rank from petty officer third class to chief petty officer, stood proudly in their freshly pressed summer white uniforms and patriot-

ically raised their right hands.

The Jacksonville Jaguars and Washington Redskins players and fans watched quietly as the Navy re-enlistees marched onto the football field. The ceremony was about to begin with the traditional military pomp and circumstance. Commander, Navy Region Southeast (CNRSE) Rear Adm. Annette E. Brown, greeted the Sailors and invited them to raise their hands and join her as she administered the re-enlistment oath. The Armed

Forces Joint Color Guard presented the colors and the Navy Region Southeast Band performed the National Anthem. Sailors from various regional commands unfurled the American flag, half the size of the football field. The crowd went wild.

The gratitude for the men and women in uniform was evident by the thunderous rounds of applause they received following the ceremony. The crowd was on their feet as the proud

See RE-ENLIST, Page 8

Moving memorial visits Jacksonville

By JO1 Mike Jones
 Assistant Editor

It's a simple design: vertical granite walls, roughly 10-feet tall, inscribed with the names of more than 58,000 American military veterans lost in the Vietnam Conflict. Of the thousands of proposed designs submitted for the Vietnam Memorial Wall in Washington, D.C., Maya Ying Lin's was selected based in part on this simplicity.

What instantly catches the eye is the sheer volume of names inscribed on each slate. The names do not appear alphabetically, but in the order of each service member's sacrifice in service to their country.

For area residents unable to see the original memorial, a replica arrived to Jacksonville last weekend and remained on display at Riverside Memorial Park Cemetery through Veterans Day. Sponsored by Dignity Memorial and Hardage-



Photo by JO1 Mike Jones

A Jacksonville resident studies one of the many names inscribed on a replica of the Vietnam Veterans Memorial Wall at Riverside Memorial Park Cemetery. The replica remained on display in Jacksonville through Veterans Day.

Giddens Funeral Homes and Cemeteries, the Vietnam Wall memorial to different cities across the country. Experience brings the power of the

Jacksonville Nov. 6, members of NAS Jacksonville's 1st Lieutenant's Division were on hand to reassemble each section. The memorial was officially opened to the public during a ceremony Nov. 8.

"This is indeed the most fitting time to have this memorial here to celebrate the contributions and to honor the sacrifices of men and women who have served and continue to serve this great nation," said Rear Adm. Annette E. Brown, commander, Navy Region Southeast during the ceremony.

Guests quietly studied the wall, some taking rubbings of the names inscribed there.

The replica held special meaning to many, especially the event's keynote speaker, Jacksonville resident and former prisoner of war Capt. Wilson "Denver" Key, who was captured off the coast of Hanoi in 1967 and held prisoner until

See WALL, Page 8



Photos by RPC(SW) Victor Koon

Children help out Food Basket Program


The Sunday School children of the NAS Jax All Saints Chapel (above) kicked off their seasonal food drive in support of the NAS Jax Food Basket Program last Sunday. Led by their teachers, the children learn a valuable lesson in giving and sharing during the holidays to those who need a helping hand. At left, Grace Heffner, Protestant director of Religious Education, receives a plaque from NAS Jax Food Basket Director, ENC(SW) Jeff Wilke for her support of the Food Basket Program.





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**WEEKEND
WEATHER**


FRIDAY 50/70
 SHOWERS


SATURDAY 49/69
 FEW CLOUDS


SUNDAY 47/67
 PARTLY CLOUDY

Seven-day forecast available at Naval Atlantic Meteorology and Oceanography Facility Jacksonville's Web site:
https://www.nlmof.navy.mil

eBusiness solutions offers monetary benefits

From Department of the Navy
eBusiness Operations Office

Do you have a great idea for an e-business solution? We would like to hear it. The Department of the Navy (DoN) eBusiness Operations Office wants to help your e-business concepts become reality.

A team from our Mechanicsburg, Penn. office will be visiting Jacksonville Dec. 3-5 to learn about your ideas.

The DoN eBusiness Operations Office is chartered by the Secretary of the Navy to provide seed funding for pilot projects that use technology as a method of improving current business practices for Navy or Marine Corps activities.

The intent of the pilot program is to rapidly develop ideas and concepts

into working prototype applications that can have the largest breadth of impact to DoN. Once a project idea is reviewed and selected our office provides the funding, up to \$1 million, as well as project management oversight for the project.

Not sure what type of problems can be solved by an e-business solution? The team is also available for consultation to guide you in the right direction.

Here's an example of a problem resolved with a pilot project. Problem: war fighters must constantly be aware of, and adapt to, disparate logistic support policies and procedures while underway around the globe, without the aid of an automated tracking tool.

The eBusiness solution: the deployment logistics program links the operating schedule of a deployed unit

to core logistics processes and decision points, providing an actionable and theatre-specific management system for the afloat supply officer.

Personnel from our office will be available from 8 a.m. to 3:30 p.m., Dec. 3-4 at NAS Jax, Main Conference room, Building 919 also, from 8 a.m. to 3:30 p.m., Dec. 5 at the NS Mayport, Jetties Room, Ocean Breeze Conference Center.

They will assist you in submitting your e-business concepts for funding consideration. To make an appointment, contact Stacey Evans at (717) 605-9405, DSN 430 or Mark Foster at (717) 605-9358 or send us an email at pilot_projects@navsup.navy.mil.

Visit our website at www.don-ebusiness.navsup.navy.mil. You can review all of the current projects and gain an understanding of what our office can do for you.

FROM THE DOC

Don't get yourself stymied by those pesty styas

By Lt. Chris Alfonso
VP-30 Flight Surgeon

What exactly is a sty? The term typically refers to any inflammation or infection of the tiny glands at the edge of the eyelid.

It is a common infection that is usually caused by bacteria, most commonly staphylococcal bacteria, and its symptoms can be very irritating.

The infection is often caused when bacteria comes in contact with the eyelid and infects one of its many small glands that line its edge, called meibomian glands.

This can happen when someone who wears contact lens puts on, or takes out, their contact lens, or even when someone puts on make-up that is near or on their eyelids.

Some individuals in particular may have skin conditions that make them more prone to styas even if they don't wear contacts or make-up.

When someone gets a sty they usually will get redness on their eyelid at the area of infection, and

often have a small bump from swelling of the infected gland.

These symptoms are seen because a sty is actually a tiny abscess in the eyelid. The sty can be very tender to the touch, and sometimes can irritate the eye itself.

Styas usually do not affect vision, unless the eyelid has enough swelling to block vision. Often, the sty will have a tiny pimple at the edge of the eyelid. A sty will usually reach its full size within one to two days.

Styas will sometimes drain themselves without any treatment, and the eyelid will return back to its normal state. Other times though, some form of treatment may be needed to help make the sty go away.

To treat a sty that is not draining yet on its own, apply a hot, moist compress to the sty for 10-15 minutes, and do this three to four times a day.

This helps thin the tissue over the sty and bring the pus in the infected gland closer to the skin's surface, essentially bringing the pimple to a head.

The compresses will help

the tiny pimple eventually drain spontaneously. When this happens, it may drain between the eyelid and the eye itself, or outward onto the eyelid's skin.

After the sty has drained, the eyelid will return to normal, as the redness and swelling go away. Along with using hot compresses, your doctor may prescribe antibiotic eye drops or ointment to help treat the infection.

If during the course of the infection, you have any pain in the eye itself, any changes in your vision, or any symptoms of concern whatsoever, you should see your doctor immediately.

Should the sty not clear up within one week, go see your doctor. If the sty has not drained but has a pimple that has come to a head, your doctor may open the sty and drain it.

Do not try to open the sty yourself. This is very dangerous in that you could spread bacteria to the areas around your eye causing a serious infection, or even harm the eye itself.

If you have more than one sty at a time, or get styas fairly often, you can use the following informa-

tion to help keep your eyelids clean and avoid future styas.

First, moisten a clean washcloth with warm water and hold it over your eyes for a couple minutes. Then, add a few drops of baby shampoo to one cup of water.

Dip a cotton-tipped swab into the mixture and then use it to gently clean your eyelashes and the edges of your eyelids. Try to clean away any deposits of gunk from the eyelid, being careful not to cause any harm to your eye or eyelids.

Use a different cotton-tipped swab for your other eye. You may need to do this regularly, and your doctor can help you by telling you how often you should do this.

Using the above method for good eyelid hygiene, you can avoid styas. If you wear contact lens, be sure to wash your hands with soap and warm water before putting in or taking out your lens. This will help prevent introducing bacteria to the eyelids.

Styas may be very common, but if you practice good eyelid hygiene you should see less of them.

Organizations standing by to receive holiday messages

From LIFELines Public Affairs

As the holidays approach, the Navy's LIFELines Services Network and nationally-syndicated advice columnist Dear Abby have geared up to handle the online version of the Operation Dear Abby holiday letter-writing campaign for all U.S. service members stationed overseas.

The site, at www.operationdearabby.net and www.lifelines2000.org, was developed in November 2001 as an alternative after the 18-year old tradition, led by Dear Abby, of sending cards and letters to troops during the holidays was suspended following the anthrax mail attacks.

Dear Abby and the Navy then partnered to run the cyberspace version. This year, the White House

Commission on Remembrance, CNN's "Larry King Live", and the American Association of Retired Persons (AARP) came aboard as strong participants in this unique website effort.

To accommodate the overwhelming response from the American public, the site was extended to year-round use due to the continuing war on terrorism.

To date, more than 500,000 messages have been received for members of all the service branches. Troops can read any of the messages online, and then sort them by branch of military service and by state.

To ensure service members with limited Internet access are able to read the

expressions of support and patriotism, a convenient download and printing process has been developed, allowing messages to be distributed in hard copies.

To use this download method, log onto LIFELines and click on the "Tool Box" bar. On the dropdown bar you'll see "ODA-ASM Downloads." You can then download a zipped file and print the messages for distribution in common work areas.

Service members can get a great morale boost from reading the messages.

For more information, contact Cmdr. Rudy Brewington at DSN 288-3865 or commercial (202) 433-3865, or e-mail brewington.rudolph@hq.navy.mil.

HEY MONEYMAN!

Hey MoneyMan!

I keep hearing that social security will not be around when I retire or, if it is, it won't pay very much. How can I find out how much social security I will get when I retire?

MoneyMan Sez:

Lots of folks are worried about social security. Of course, no one knows how long our current system will stay in business, but my guess some kind of retirement plan will always be available for working Americans. Social security benefits are presently based on your 35 highest years of earning. To figure your benefits, the SSA looks at your earning for every year you paid social security taxes and adjusts the numbers for inflation, converting the earnings into today's dollars. Go to www.ssa.gov/retirement to estimate your benefit amount based on various scenarios.

Hey, MoneyMan!

People in my shop discuss buying cars all the time and I hear them talking about a "blue book." What is a "blue book" and where can I get one?

MoneyMan Sez:

At least the people in your shop are on the right track! The "blue book" is the N.A.D.A. Official Used Car Guide which, by the way, is yellow and not blue. This book provides your best estimates for trade-in, loan and retail prices for all used cars and trucks. It is the most used and trusted guide around. Most car dealers, banks and credit unions have up-to-date copies.

The Navy-Marine Corps Relief Society also has current copies in all of their offices and the folks there will be happy to let you use their books. They will even show you how to find the information you need. I recommend you use the "blue book" any time you are thinking of purchasing a used car. Use the "dealers invoice price," which you can get from your credit union or bank, if you are considering buying a new car.

More questions? Call Hey MoneyMan! at 778-0353.



Sunday Services

You are invited to the following Base Chapel Worship Services this Saturday and Sunday:

Saturday 5 p.m. - Catholic Mass

Sunday 8:30 a.m. - Protestant

Communion 9:30 a.m. - Catholic Mass

11 a.m. - Protestant Worship

Children's Sunday Class - Protestant Sunday School program is at 9:45-10:45 a.m., and Catholic CCD is 10:45 a.m.-noon.



Meet A Sailor...

LN3 AUBREY CHANDLER

Job title/command:
CNRSE Legal

Family Life: Husband, Deryk and daughter, Cailin.

Past Duty Stations: SURFLANT, USS Donald Cook (DDG 75)

Career Plans: To finish college and go to law school.

Most Interesting Experience: Attending Fleet Week 2000 in New York, staying at the Waldorf Astoria Hotel and meeting the Secretary of the Navy.

Words of Wisdom: Do not take anything at face value until you know all the facts.



Meet A Civilian...

DAVE LOTZ

Job title/command:
Warehouse Specialist (MAT COM) at NADep

Hometown: Maggie Valley, N.C.

Family Life: Living with significant other, Suzanne and caring for my mom, Ida.

Past Duty Stations: NAS Cecil Field (retired Command Career Counselor)

Career Plans: To retire again and go back to the mountains of North Carolina.

Most Interesting Experience: Retiring and enjoying the life that I served to protect during my time in the Navy.

Words of Wisdom: Choose the words you speak by the way they taste, because you never know when you may have to eat them.

Letters to Santa to be published

The Jax Air News will publish selected Letters to Santa in the Dec.19 issue.

Based on the amount received, we will print as many letters as our space allows so Santa will have a better chance to see what the children from NAS Jax are hoping to receive in their Christmas stockings this year.

Letters can be mailed to the Jax Air News, Box 2, NAS Jacksonville, Fla., 32212-5000 or dropped off



to the office, Room 219, Building 1 by Dec. 13. Email letters to: larocque@cnrse.navy.mil or fax to 542-1534.

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Deadline for all routine copy is close of business the Friday before publication. Deadline for Classified submission is noon Monday. Questions or comments can be directed to the editor. The **Jax Air News** can be reached at (904) 542-1533 or (904) 542-3531 or by fax at (904) 542-1534 or write the **Jax Air News**, Box 2, NAS Jacksonville, Fla., 32212-5000. All news releases should be sent to this address.

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‘Diamondcutters’ lead the way at sea

By Lt.j.g. Justin Drach
VS-30 PAO

The “Diamondcutters” of VS-30 are “over the hump” of their six-month deployment on board USS George Washington (CVN 73). Having flown more than 2,200 hours and accumulating more than 1,200 traps, VS-30 continues to maintain its combat readiness. While operating in the Mediterranean Sea, the squadron has played an integral part in maintaining the air wings’ operational readiness.

While operating in the East Atlantic, the Mediterranean Sea and the Adriatic Sea, Team Diamond has performed its primary mission of Surface Combat Air Patrol (SUCAP) and Aerial Refueling while maintaining situational awareness of what ships are around the GW Battle Group.

In addition to these missions, Diamondcutters could be seen bombing the carrier’s wake and participating in multiple aircraft simulated strike missions.

Aircrews are becoming more proficient with use of the Viking’s new capabilities, the Slam-er and IR Maverick missiles, thanks to daily training flights and frequent systems lectures by our Viking Tactics instructors.

At the end of October, VS-30 aircrews had the opportunity to tank off of Air Force KC-135 tankers, renewing valuable qualifications within the squadron.

While conducting the



AT2 Baretta Collins (right) is reenlisted by Lt. Cmdr. Frederick Facyson while airborne on Nov. 2.

Viking’s primary missions and training on new systems, Team Diamond has once again proven its professionalism and leadership in carrier aviation.

The maintenance personnel of Team Diamond works around the clock to ensure radars are fixed, engines are serviced, and unforeseen and unanticipated maintenance is performed.

Through many long man-hours, VS-30 has been able to keep all eight Diamondcutter jets fully mission capable. This allowed for a 96 percent sortie completion rate, a rate that exceeds those of the other squadrons in CAG 17.

While George Washington has been involved in quite a few multi-national exercises, there was still some time for squadron members to unwind.

With port visits in Lisbon, Portugal, Naples, Italy, and most recently Koper, Slovenia, the men

and women of Team Diamond immersed themselves in the countries and cultures.

During the first two days in November, a number of Sailors chose to sign reenlistment contracts and take advantage of the tax-free benefits of “Staying Navy” while in a combat zone.

The following members reenlisted: AT2 Baretta Collins, AME3 Paul Ladyman, AO3 Jeremy Reed, and AO3 W.J. Simmons.

On Nov. 2, Collins had the opportunity to reenlist at “Angels 10” with his reenlistment oath administered by Lt. Cmdr. Frederick Facyson while airborne in aircraft Dymon 701.

Team Diamond would like to thank our family and friends back home for their continued support while we are serving on deployment.

We look forward to a safe and on-time homecoming.

Local commands participate in Veterans Day Parade



Rear Adm. Annette E. Brown, commander, Navy Region Southeast proudly participates in the city of Jacksonville’s Veterans Day Parade on Monday.



Military members throughout Navy Region Southeast participated in the annual Veterans Day Parade downtown Jacksonville.

Nichols retires at VS-22

By Lt.j.g. Robert Null
VS-22 PAO

Of nearly 400,000 Sailors in the United States Navy, most complete their obligation honorably and return to the comforts of civilian life. Among the thousands that come and go each year, there is a small number who decide to "Stay Navy," and make it a career. These career Sailors are the real backbone of the Navy, providing key leadership, training, and experience, enabling the Navy to continue its legacy as the most powerful sea-going force in the world.

The "Checkmates" of VS-22 recently celebrated the retirement of one committed patriot, AECS(AW) Anthony Nichols, as he ended his dedicated service on Oct. 11, in Hangar 1000 at NAS Jacksonville, the same hangar he began his career 22 years earlier.

The guest speaker for the ceremony was VS-22's Executive Officer, Cmdr. Michael Prosperi. During the speech, Prosperi compared Nichols to another great public servant.

"Nichols worked tirelessly for the welfare of his Sailors. He ensured



Photo courtesy of VS-22

AECS(AW) Anthony Nichols poses with his wife, Sonia following his retirement ceremony at VS-22.

their needs were met, and he would make tough decisions for the good of his troops. He led by example and followed the advice of the great leader

Winston Churchill who said, 'People prefer to follow those who help them, not those who intimidate them,'" said Prosperi.

During his career, Nichols has experienced many aspects of naval aviation, working with both fixed and rotary wing aircraft, on land and sea.

Since graduating basic training in February 1980, he has deployed with USS Paul (FF 1080), USS Vreeland (FF 1068), USS Hancock (DD 981), USS Thorn (DD 988), USS Philippine Sea (CCG 58), USS Kaufman (FFG 59) and finally, with USS Harry S. Truman (CVN 75).

To make it through the many trials faced during his career, Nichols said he relied on his family the most. "I'd like to thank my wife, Sonia, who has been through the good, bad, and long deployments over these 22 years," said Nichols. "I could not have made it without your love, pride, support and understanding."

VS-22 wishes fair winds and following seas to Nichols, returning to civilian life to focus more attention on his family, and thanks him for his many sacrifices.



Photo courtesy of VP-30

From left, AD2(AW) Daniel Vymetal, AE2(AW) Anthony Versage, AM2 Matthew Smithers, and AD2(AW) Eugene Williams happily display a \$45,000 SRB check they received for reenlisting as Capt. Brian Prindle, VP-30 commanding officer looks on.

P-3 flight engineers reenlist, get bonus

By Lt. Chris Rush
VP-30 PAO

It is hard to top a "salty" flight engineer telling a sea story of flying at 200-feet off the water chasing a foreign submarine back to his home port or flying over hostile territory to deliver a Slam-er missile into an ammunition bunker, but add a hefty bonus to that exciting career choice and you have the life of the current generation of P-3 flight engineers.

Shortly after graduating from the intense, nine-month flight engineer training program at VP-30, Capt. Brian Prindle, VP-30's commanding officer, re-enlisted four second class petty officers under their new 8251 NEC and presented each of them with a Selective Re-enlistment Bonus (SRB) of \$45,000. Those smiling as they raised their right hand and once again swore to uphold and defend the Constitution of the United States for the next six years were: AD2(AW) Daniel Vymetal, AE2(AW) Anthony

Versage, AM2 Matthew Smithers, and AD2(AW) Eugene Wil-liams.

Bonus amounts are calculated based on specific rates and are dependent on the length of re-enlistment. Rates differ for each service member's Naval Enlistment Classification (NEC) and time-in-service. Half of the bonus is paid at re-enlistment and the remaining half is divided equally to be paid at each anniversary of the re-enlistment for the remainder of the contract.

The Navy's P-3 flight engineers are presently manned at about 85 percent and are actively seeking qualified candidates. In addition to one of the highest SRB in the Navy, other flight engineer incentives include: career schools program (automatic advancement upon graduation), proficiency pay (undermanned rate), and monthly flight pay.

All Sailors interested in transferring to the P-3 flight engineer program should contact their career counselor.

From the Chief of Staff
Commander, Navy Region Southeast

The 2002 Combined Federal Campaign (CFC) is moving right along and we're almost halfway to our goal. As of Nov. 4, contributions from NAS Jacksonville, NAVSTA Mayport and Subase Kings Bay have resulted in \$800,847 raised – achieving 48 percent of the Region's goal of \$1,660,456.

NAS Jax has currently raised \$242,954 with a goal of \$693,007. A special thanks to those commands who have turned in pledges thus far in the campaign. Command involvement and leadership are essential ingredients to a successful campaign and to making a difference in the community.

CFC is about people helping people. And we can help them. We can raise awareness of all the positive things CFC organizations do for our families, friends and community, and we can ensure that every Sailor, Marine and civilian member of your command is given the opportunity to help others in need.

Commands should make every effort to turn in pledge forms as soon as possible.

For more information, call Lt. Cmdr. Newsteder at 542-2521/ 2460.

Campaign progress for NAS Jax commands as of Nov. 4:

Command	Goal	Contributions	Percentage
Admin/NAS Jax Executive	\$ 3,551	\$ 642	18%
AIMD	\$ 34,544	\$ 8,496	25%
CBU-410	\$ 2,032	\$ 1,273	63%
Chapel	\$ 882	\$ 1,187	135%
COMHSWINGLANT	\$ 6,870	\$ 5,162	75%
COMNAVREG SE	\$ 22,878	\$24,077	105%
COMSEACONWINGLANT	\$ 3,404	\$ 4,159	122%
SEACON Weps School	\$ 2,058	\$ 1,734	84%
COMPATRECONFORLANT Det	\$ 566	\$ 744	132%
CV-TSC Ashore	\$ 1,510	\$ 850	56%
Disease Vector/Ecology & Control	\$ 2,009	\$ 2,872	143%
HS-5	\$ 10,327	\$ 2,124	21%
HS-11	\$ 8,510	\$ 1,782	21%
MWR	\$ 5,515	\$ 6,453	117%
NADEP	\$204,000	\$97,182	48%
NAMTra	\$ 13,071	\$ 6,328	48%
Naval Brig	\$ 3,490	\$ 395	11%
Naval Dental Clinic SE	\$ 7,101	\$ 2,196	31%
NavHosp Jax	\$ 71,800	\$ 3,157	4%
NCTS	\$ 8,590	\$ 2,913	34%
PSA	\$ 4,489	\$ 3,536	79%
PWC	\$ 11,477	\$16,590	145%
ROICC	\$ 10,324	\$ 1,466	14%
SERCC	\$ 2,487	\$ 2,094	84%
SPAWAR	\$ 6,720	\$ 5,906	88%
Supply/CBQ	\$ 4,662	\$ 1,203	26%
TPU	\$ 2,896	\$ 2,246	78%
U.S. Customs Surveillance	\$ 8,426	\$ 5,172	61%
Weapons	\$ 4,224	\$ 2,905	69%
VP-30	\$ 38,531	\$12,473	33%
VS-22	\$ 13,316	\$ 1,212	9%
VS-30	\$ 12,883	\$ 5,922	46%
VS-31	\$ 13,130	\$ 5,873	45%
VS-32	\$ 12,643	\$ 2,630	21%

Who to notify when a credit card is stolen

Credit card theft is a huge burden and can cause major problems for victims. The following are numbers to call if cards are lost or stolen. These agencies should be contacted immediately.

Equifax Credit Bureau: 800-525-6285
Experian Credit Bureau: 888-397-3742
TransUnion Credit Bureau: 800-680-7289
SS Administration Fraud Line: 800-772-1213
Federal Trade Administration - Identity Theft Line: 877-438-4338



Muscular Strength Class

Learn how to build muscle strength, improve coordination, burn calories.

Mon. 10:00-11:00 a.m.

This class will begin at the Offshore Center and end at the Fitness Source. You will be shown various exercises that focus on building muscle groups and lead to building strength.



Aerobic Exercise Class

Learn how to burn more calories, improve coordination, strengthen your heart. We will start at the Fitness Source to familiarize you with the cardiovascular equipment available.

Mon. 10:00-11:00 a.m.

*Please wear comfortable and comfortable clothing.

Registration required.
Call the Fitness Source at 542-2521.

Navy League elects female president

Sheila McNeill, the first female to be elected president of the Navy League since it was founded in 1902 by then President Theodore Roosevelt, will be sworn in at a ceremony in June 2003.

McNeill presently holds the position of League's senior vice president. The announcement was made during the League's National Directors Dinner held Nov. 2 in Alexandria, Va. Chief of Naval Operations Adm. Vern Clark was the guest speaker.

McNeill, a resident of St.



Sheila McNeill

Marys, Ga. is a frequent visitor to Jacksonville.

HS-11 makes appearance at UF



Photos courtesy of HS-11

Lt. Tre McQueen speaks to midshipmen and answers questions during HS-11's static display visit to the University of Florida.

By Lt.j.g. Teresa Ferry
HS-11 PAO

HS-11 flew two helicopters to the University of Florida (UF) campus in Gainesville, Fla. last week to provide a static display for their Naval Reserve Officer Training Corps (NROTC) unit. The HS-11 "Dragonlayers" are the sponsors for the UF NROTC under the Naval Aviation Sponsorship Program. Capt. Nick Ross, commanding officer of the NROTC unit and formerly the commander of Helicopter Anti-Submarine Wing, U.S. Atlantic Fleet, had requested the squadron fly to the campus to showcase naval aviation for the unit



HS-11 "Dragonlayer" crews took a moment to pause with Capt Nick Ross, commanding officer NROTC at the University of Florida (in khakis) during the squadron's recent visit.

midshipmen. After the Dragonlayers conducted a fly-by and dual ship landing to the parade field, the midshipmen were able to come forward to ask numerous questions and inspect the helicopter's cabin and cockpit. Lt. Dylan Montes, Lt. Tre McQueen, Lt.j.g. Hampton Parris, Lt.j.g. Teresa Ferry, AW2 Tim Lemmerman, AW2 Jay Harris, AW2

Cesar Urgiles and AW2 Nolan Yates answered the questions about the helicopter's missions, capabilities, and naval aviation in general.

NavAir Depot Jax J52 IT success

By Karrie Ciavattone
NavAir Depot Jacksonville

On Sept. 18, NavAir Depot Jacksonville's Information Management Division (IMD) demonstrated its dedication to the Warfighter by delivering two critical reporting tools to the J52 War Room Executive Council two days ahead of schedule.

The first tool is J52 Metrics, which focuses on the corporate performance metrics of Required Delivery Dates (RDD) and portions of Unit Cost (UC).

This multi-tiered tool provides the ability to drill down to individual work operations, or to summarize RDD and UC elements at the Sales Order level, the Work Order (WO) level, and the Performing Work Center level.

The second tool, the WO Move Status Report, identifies part location in the overhaul and repair process, literally saving hub schedulers hundreds of hours. Both products were received with overwhelming enthusiasm.

The IM Team exceeded customer expectations and delivered products that are providing the War Room with the business intelligence/information knowledge essential to enhance job performance.

Capt. Steve Clarke, J52 maintenance officer has indicated that the benefit of these two reports is monumental to this effort and future endeavors.

The J52 War Room was established under the leadership of Clarke and Cmdr. Ron Bethmann. Personnel from AIR-6.0, Production, Production Support, Management, Engineering, Logistics and IM came together as a unified team with the sole purpose of providing the technology needed (in this case the J52 engines) to ensure that the warfighter has absolute combat power.

NavAir identified an urgent and compelling need for increased repair, overhaul, and modification of the J52 series engine which powers the EA-6B, Prowler aircraft.

The role of the Prowler is unique, providing electronic warfare mission support for Navy, Marine Corps, Air Force and NATO operations.

The NavAir Depot Maintenance Systems (NDMS) application suite provides a data rich environment, yet is deficient in providing true business intelligence in the form of standardized reports. Richard Wisniewski, NADep Jax IMD director, along with Roger Andrews, Central Maintenance Activity (CMA) direc-

tor, and Linda French, 7.2.1 Division director, quickly established a J52 IM Reports Team dedicated to meeting the War Room requirements.

Karrie Ciavattone was selected as the project team leader, and initial team members from NADep Jax 7.2 and CMA were identified: Gail Portervint, Tom Tilman, Ricci Gorgus, Vien Tran, Terry Neubaum, Matt Looman, and Bob Stoldt. As the effort progressed and the deadline approached, Teri Hourihane, also of CMA, was called in to assist.

The mission for the IM Team was clear: Provide standard reporting tools which meet corporate performance and operational metrics as defined by the Joint Air-6.0 and Depot Team and approved by the Naval Aviation Industrial Executive Board. The J52 IM Team knows there is a great deal more to accomplish.

Shipmates helping shipmates with donations to food locker

By JO2 (SCW) Eric Clay
Staff Writer

At NAS Jacksonville, there is a Food Locker that supports service members in their time of need. Especially during the holiday season, some families could use a little help getting a nutritious meal.

Donations are received from various means, such as fellow service members and the commissary. Donations can be non-perishable foods like canned goods or a cash contribution.

"This is my second year working at the Food Locker and I like being able to help other shipmates enjoy the holiday season. I never realized



Photo by JO2 (SCW) Eric Clay

EM3(SW) Paul Pennell, Food Locker custodian stocks some shelves with canned goods at the Base Food Locker.

that military personnel may need some help, but that is why we are here, to help provide a little joy during these rough times," said EM3(SW) Paul Pennell, Food Locker custodian.

During Thanksgiving and Christmas the Food Locker provides holiday meal baskets. Coupons for the commissary are also presented to families in need so the recipient can purchase perishable food

items. The Food Locker has an account with the commissary. All funds donated goes directly into this account.

To receive a basket during the holiday season, families must be selected by their command and screened. A list is then sent to the Food Locker where a worker makes up special baskets. Baskets are available year-round to families screened by the Navy and Marine Corps Relief Society.

The Food Locker is located behind Building 590 and is open from 8 a.m. - 4 p.m. For more information contact the NAS Jax Food Locker at 542-3918.



VISUAL INFORMATION SUPPORT CENTER

Recording images for future memories and documentation



PH3 Jennifer Rivera inserts negatives into protective sleeves after printing the images.

Photos by
Kaylee
LaRocque

By Kaylee LaRocque
Staff Writer

You see them at almost every type of ceremony or event on base, quietly standing on the sidelines waiting to preserve some important moment for future memories. They attend community functions throughout the city, providing historical documentation. And, they travel throughout the Southeast Region, offering their services wherever they are needed.

These are the men and women of the Regional Visual Information (VI) Support Center, Commander, Navy Region Southeast, commonly known as the Photo Lab.

Due to today's continuing changes in technology, the center's name was changed a couple years ago to better reflect the services they provide and to bring them into the VI age as required by the Department of Defense (DoD).

The center supports all DoD activities within the Region.

"We have a pretty big piece of real estate to support. Unfortunately, we don't have a whole lot of resources, so everything must be prioritized. We try to provide the maximum amount of services with what we have available," explained Lt. Dan Doolittle, officer-in-charge of the center.

With only nine service members assigned full-time, a couple photographers from the P-3 squadrons coming in periodically and a part-time reservist, the photographers are sometimes spread a little thin.

"Since there are no photographer billets at NS Mayport, we sometimes have half of our staff covering events there. We really do a lot with the number of people we have working here. One thing we've done, is cut back on our collateral duties in order to get our

mission accomplished and to better serve our customers," said Doolittle.

While many people may think being a photographer in the Navy is as simple as pushing a button, they fail to realize what all the job entails. "We are often referred to as the 'hobby rate' because many people take photos for a hobby. But this job is far from a hobby. People seem to have this big misconception about what we do. We stay incredibly busy providing a wide variety of support to the Fleet," Doolittle added emphatically.

On average, the center handles approximately 3,000 jobs per year with a 10 to 20 percent increase each year. This includes everything from shooting ceremonies, providing documentation for any mishaps or investigations, producing special imagery, shooting portraits to the processing and printing of both film and digital images. A duty photographer is on-call at all times to provide documentation whenever needed.

"We also rely on two hospital corpsmen who help us out by covering events and providing any documentation needed at the hospital. They are excellent photographers and we really appreciate all they do for us," said Doolittle.

Spending time on the road, covering events for other organizations and commands also keeps the staff busy.

"We just sent one of our photographers to Brazil last month to cover an international exercise. Two of our photographers from Puerto Rico were just in Chile helping out a special operations command there. We also send people down to Key West each quarter to provide services there," Doolittle explained.

Every photographer here has completed Photography Mate "A" School and many have completed advanced cours-

es. "We have one fully-trained videographer, a photojournalist and two of our people are aircrew qualified so they do quite a bit of aerial photography. I also like to send our people to seminars to keep them up-to-date on new technologies," Doolittle stated.

With digital imagery fast becoming the preferred choice of photography, the center must keep up with the latest and greatest equipment and software. "Digital imagery generation is about 18-24 months, then it either becomes obsolete or breaks. Our first digital camera cost about \$30,000 with no lenses. We now spend about \$4,500 on our cameras. I'm extremely fussy about the quality of digital imagery because I worked in an advertising agency and everything put out was of the highest quality," said Doolittle, who left the Navy to work in the agency for a couple years and came back because he missed the travel.

"I think we've finally achieved the same type of quality with digitals that we get from a 35-mm camera. However, there are still a lot of problems shooting digital. We get a lot of corrupted images, archiving is difficult, printing digital images is more expensive than film and it's more difficult to train our people on digital cameras. There is also the concern about security. Digital images are much easier to compromise than film. I think we need to keep our capability to shoot and process film especially for classified jobs," he added.

Currently, the center uses Adobe Photoshop for all digital processing and Adobe Premiere for video. In the future, the center will switch to the Avid program for video to maintain consistency with the Navy's broadcasting stations.

See VISUAL CENTER, Page 7



PHAN Dexter Roberts photographs AZ1(AW) Delano Hill of HSL-42 at NS Mayport in the portrait studio.

Photo by PH2(AW) Chantel Chapman



PH2(AW) Regina Wiss cuts out a citizenship photo for a customer. The Regional Visual Information Support Center provides passport (for government use only) and citizenship photos for customers on a walk-in basis.

Visual Information Support Center

VISUAL CENTER: supporting the Fleet

From Page 6

Other plans for the future include creating a website enabling clients to download photos, and purchase a network device at the front desk so customers can come in, insert a memory card from a camera and touch a screen that will relay the information to the processing lab where either prints will be made or a compact disc can be burned.

"We would like to get more commands to shoot their own ceremonies. If we can get them to purchase higher quality cameras and provide them some education, it would allow our staff to produce a lot more promotional and historical documentation imagery. We hope to increase the services we provide, but with our limited resources, the only way to do this is to reduce some of the ceremonial jobs that don't require a lot of planning," explained Doolittle, who plans to implement some new procedures before he heads to USS George Washington next year.

The average turnaround time for a job here is normally five days except for passports, visas and citizenship photos that are done on a walk-in basis.

"We will provide as many services as we can. We are not slaves to our own policies and procedures. If the job meets a command mis-

sion and a Navy objective, we will bend over backwards to accommodate someone. The only time we have a problem with this, is when our resources are not available or it's for personal gain. And, I strongly recommend people not schedule their retirement ceremonies at 10 a.m. on Fridays. Everyone seems to book them then and we just can't cover all these events," concluded Doolittle.

The center is open Monday through Friday from 7 a.m. to 4 p.m. and sometimes on reserve drill weekends depending on jobs. To make an appointment, call 542-2145/6.



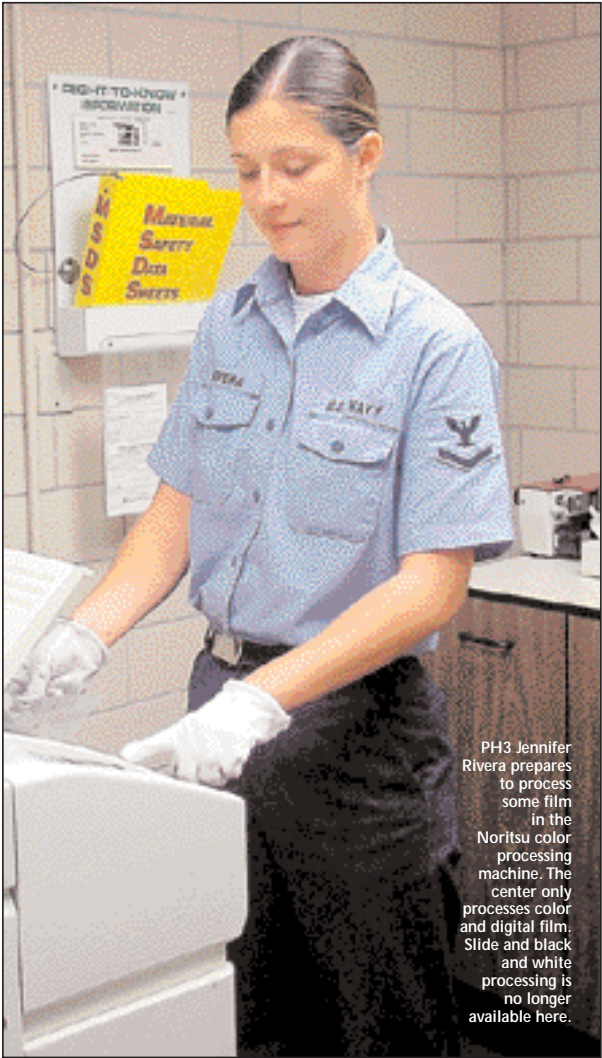
PH2(AW) Regina Wiss checks some Air Show video prior to editing her footage. Wiss is the only qualified videographer at the command.



PH2(AW) Chantel Chapman, updates the daily job board at the Regional Visual Information Support Center. The staff covers about 3,000 jobs each year.



PH2 Charles Hill hands AN Edwin Martinez-Cuascut of VS-22 a completed job at the front desk.



PH3 Jennifer Rivera prepares to process some film in the Noritsu color processing machine. The center only processes color and digital film. Slide and black and white processing is no longer available here.



PHAN Dexter Roberts takes a portrait photo of MSCS(SW/AW) Tony Daning of the Navy Food and Management Team at NS Mayport. Portraits are taken at NAS Jax and one day a week at NS Mayport.

RE-ENLIST: 40 reup at Jags game

From Page 1

Sailors marched around the field. "I'm very thankful to the men and women of our Navy who are protecting our freedom and fighting the War on Terrorism throughout the world," said visiting Washington Redskins fan Peter Sawaski. "These kids and their families are sacrificing so much. I did not know the ceremony was going to take place here today, but I'm glad to be part of it."

This was the first reenlistment ceremony at Alltel Stadium for the newly assigned CNRSE. "I am very honored to reenlist our Sailors in such an auspicious location. This is very exciting. The Jaguars' support for the military is outstanding and so is the support we receive from the Jacksonville community," remarked Brown, following the ceremony.

One of the re-enlistees, OS1(SW/AW) Kevin Miller, who was at the ceremony with his 16-year-old daughter, Crystal, wanted his family, friends and community to know that, "I like being in the Navy. I am in my hometown and it is an honor to reenlist in front of a home crowd. My dad retired from the Navy after a 25-year career. I'm following in his footsteps."

CNRSE Command Career Counselor NCCM (SW) Sha Reff Rashad, one of the event coordina-



Photo by Miriam S. Gallet

Commander, Navy Region Southeast Rear Adm. Annette E. Brown greets the Sailors prior to administering the oath during a pre-game re-enlistment ceremony at Alltel Stadium last Sunday.

tors said, "As we approach Veterans Day and a time when our nation continues to defend freedom and democracy around the world, it is important for those who have gone before us, and those who follow, to know that these 40 Sailors are committed to our continued freedoms and democracy by reenlisting for the next two to six years."

Another reenlistee, AG3 (AW) Rebecca Flowers, a native of Newport, R.I., presently assigned to USS John F. Kennedy (CV 67) was very excited to be reenlisting at the Jaguars vs. Redskins game and said, "I'm reenlisting here today, in front of 73,000 people to show that I'm proud to serve my country. This is a great opportunity and I'm thankful."

SKC(SW) Ricardo Solis, originally from Peru and presently assigned to Naval Air Warfare Center,

Orlando, was thrilled to be part of the ceremony. "This is my last reenlistment and I'm a true fan of the Jaguars. My family and I lived in Jacksonville for more than 10 years and consider it home. It is wonderful to raise my right hand in front of this crowd," commented Solis.

With the ceremony over, it was game time. The Redskins won the coin toss and chose to receive the ball, giving the Jaguars the opening kick. This much anticipated, sold-out game was underway. The Sailors that earlier had pledged to stay Navy were now watching the football move down field, perhaps realizing that their mission, in the future, may include war.

However, today was a day for celebration. A day when the freedoms we enjoy as Americans prevailed, and so did the Jaguars.

Creamer, Colquitt graduate from SEMDP

By Daphne Burke
NavAir Depot Jax
Public Affairs Specialist

In two separate ceremonies Dick Creamer, logistics management specialist, and Jeff Colquitt, master production scheduler, graduated from the Senior Executive Management Development Program (SEMDP).

The official graduation ceremony was held Oct. 15 via video teleconference. NavAir Depot Jacksonville Executive Officer Capt. David Beck presented Colquitt with his graduation plaque. Keynote speakers were Commander, Naval Air Systems Command (NavAir) Vice Admiral Joseph Dyer and Allan Somoroff, Ph.D. NavAir deputy commander. In a small ceremony held Oct. 8, Don Nedresky, Logistics Group Site Leader, presented Creamer, who was unable to attend the official ceremony, with his graduation plaque.

SEMDP is a management and executive development program for civilian employees who have demonstrated a high level of managerial and leadership potential and initiative. Selection for this program is highly competitive as it is available to all mid to senior grade civilian employees throughout NavAir.

This program is completed in conjunction with the employee's regular job responsibilities and can last three to five years. The



Photo by Amy Cheshire

From left: Don Nedresky, Logistics Group Site leader presents certificate to Dick Creamer, logistics management specialist.



Photo by Victor Pitts

From left: Bobby Stroud, Industrial Business Operations department head and Capt. David Beck, executive officer, present a certificate to Jeff Colquitt, Master Production scheduler as his wife, Belana looks on.

students are afforded the opportunity to participate in a structured program that assists them in clarifying their career goals, developing their managerial and executive capabilities, and enhance their technical and functional expertise.

Once selected for this

program, each participant, along with their supervisor and mentor, drafts an Individual Development Plan (IDP) specifically tailored to their specific goals and needs. The program allows for flexibility with each individual's goals and the needs of the NavAir Team.

WALL: Vietnam memorial wall replica moves many

From Page 1

1973. "The wall in Washington is certainly a healing wall and this moving wall is also," he said. "As much as I would like to do so, there are no words I could possibly say that would properly recognize the sacrifice these Soldiers, Marines, Sailors, Airmen and nurses made for our nation."

"This memorial means a lot to me because my dad served in Vietnam," said VP-16's AO3 Anthony Vincent.

"I think it's good for everyone, military included, to see this tribute and to remember these people's sacrifices."

The replica remained on display through Veteran's Day weekend. The memorial has been on display in more than 200 cities since 1990. For more information, visit www.vietnamwallexperience.com.



Photos by JO1 Mike Jones

(From left) 1st Lieutenant's Division SN Andres Eguigure, FN Feng Li and AMAR Andrew Haaf raise a section of the wall into place Nov. 6. Inscribed on the wall are more than 58,000 service members lost during the Vietnam Conflict.



KUDO KORNER

The following personnel received awards during a Fleet Area Control and Surveillance Facility ceremony on Nov. 5:

<u>Navy and Marine Corps Achievement Medal</u>	<u>Good Conduct Medal</u>
AC1 Marzetta Watson	OSC Kelly Hoffmeyer
AC2 Shawna Washabaugh	OS1 Debra Green
OS1 Debra Green	AC2 Nicholas Thomas

Naval Hospital treats first PRK patient

By SN Timothy Yost
Naval Hospital Jacksonville
Public Affairs

Jacksonville Naval Hospital has performed its very first Photorefractive Keratectomy (PRK) surgery.

The surgery is a fairly new procedure and has only recently been approved for all active-duty service members to correct near-sightedness and astigmatisms. The first patient was HM3 Jeremy Schlotterer. The doctor who performed the surgery last month was Capt. David Davis.

Schlotterer admitted to being a bit nervous before his surgery. He credits the Naval Hospital staff with taking at least some of the edge off his nervousness. "They made me feel real comfy," he said.

The ophthalmology staff gave him a thorough preparation before the procedure. First he went through a full ophthalmologic workout before being selected as a candidate. Once selected, Schlotterer was given a step-by-step description of the entire process. They also explained the risks and benefits that were involved in taking part in this surgery.

In the end, Schlotterer's initial nervousness proved to be unneeded. After the surgery he was pleasantly surprised about the ease and the lack of pain involved. "I didn't feel a thing," Schlotterer said, "It tickled my eyelashes." He will be back to work in less than five days.

Schlotterer is the first of what will hopefully be many recipients of PRK. Davis stated that while there is some risk involved in any surgery this one is "....very safe, no surgical procedure is safer."

He went on to explain



Photo by Loren Barnes

HM3 Jeremy Schlotterer wears sunglasses to protect his eyes shortly after undergoing Photorefractive Keratectomy in Naval Hospital Jacksonville's Ophthalmology Clinic. Behind him is Capt. David Davis (center) with Certified Ophthalmologic Assistants Robert Arnau (left) and Denise Kostrub (right), the team that performed the surgery.

what the benefits are to the Navy. "The Navy is paying for the surgery on the grounds that it makes people more effective...through periscopes, night vision goggles, for shooting rifles in the humidity or rain. It also helps people to get in and out of zodiac boats, for donning fire fighting equipment, and Minimum Mission Oriented Protective Posture (MOPP) gear. Contact lenses may soak up chemicals and dust," he said.

Having PRK available to all active duty service members may save the Navy some money in the long run. Service members will no longer need eye-glasses and they will make fewer visits to the doctor. While this may not necessarily offset the cost of the procedure Davis has considered that, ultimately, PRK may save lives. A few people may not die because

they could see the enemy and not have their glasses fog over, or even off duty [for example] somebody may not die because they could see cars while riding a bike in the rain. [Saving lives] will easily pay for the

whole blooming thing."

To find out if you could be a candidate for PRK you may pick up a form at the Naval Hospital Ophthalmology Department. Or you may call Samantha Arnold at 542-7680.

Great American Smokeout is next Thursday

By SN Timothy Yost
Nav-Hosp Jacksonville Public
Affairs

Who is more likely to quit tobacco, Marines or Sailors? Danny Woodard has the answer. He has worked with both Marines and Sailors as a health promotion advisor. He worked with the Marines at Camp LeJeune and most recently he has been working with Sailors at the Naval Hospital Jacksonville Wellness Center aboard Naval Air Station Jacksonville.

According to Woodard, "Cigarettes, nicotine is one of the most addictive drugs, if not the most addictive." Woodard also points out that, "...more folks are dying from smoke than from any other disease."

On Nov. 21, NAS Jacksonville will take

part in the Great American Smokeout. This day is set aside to raise awareness about the dangers of smoking and about some of the opportunities available to those who would like to



quit.

The NEXs at NAS Jacksonville and NS Mayport will provide free "Quitters Survival Packs." These packs contain everything a smoker needs to get through those crucial few days when the cravings are at their highest; such as gums, mints, and smoking cessation medication.

See **SMOKING**, Page 11

MWR NOTES

Treat yourself through I.T.T.

You deserve a vacation, stop by I.T.T. and sign up for one of the many trips on the calendar.

Trips are open to all base personnel and their guests.

The following are upcoming events:

Saturday - Silver Springs Native American Festival - Transportation and ticket is \$33.50 for adults. Children under 48" are \$11.

Nov. 23 - St. Simons Island - Join us as we depart for St. Simons Island. The day includes a tour of the island, lighthouse and museum, and free time to explore. The cost is \$30.25.

For more information, call 542-3318

Ladies golf clinic

Ladies, come out and socialize Fridays at 4:30 p.m. at the NAS Jax Golf Club for only \$10/week.

NAS Jax Golf Club

Take advantage of a free 18-hole round of golf on your birthday in November. Also this month, bring three guests at the normal rate and your golf is free. Tee time is required. This is not valid on Nov. 29. A Turkey Trot Scramble is planned for Nov. 24 at 1 p.m. For golf info, call the Pro Shop at 542-3249.

Why cook?

Enjoy your Thanksgiving holi-

day and let Mulligan's do all the cooking. Mulligan's is selling the following meal deals: 12-14-lb. Turkey dinner complete \$37.95. 12 – 14-lb. Turkey only \$19. Whole chicken dinner \$11.95. Dinners include 2-lbs-mashed potatoes, 2-lbs green beans, 1-lb. gravy, 1-lb. cranberry sauce and 2-lbs stuffing. Call 542-2936 to place your order.

Bowling at Freedom Lanes

Sailors, family members, retiree's and guest can enjoy a variety of bowling fun at the Freedom Lanes. Patrons can pick just about any day in the week for some bowling challenges. Active duty members can enjoy the \$5 "All You Can Bowl" on Tuesdays from 4-9 p.m. Then bowl for free on Wednesdays from 11a.m. – 3 p.m.

In November Super Sunday's have been extended to \$7 "All You Can Bowl" from 3:45 - 5:45p.m. Shoe rental is \$1.65

On Nov. 28, NAS Freedom Lanes will be open from 5.–10 p.m. and Nov. 29 through Dec. 1 all games are only \$1.99 all day.

Youth Center Holiday Camp

Holiday Camp runs Dec. 23-Jan. 3 and is open for age's kindergarten-13. There will be arts and crafts, bowling, indoor and outdoor activities and field

trips once a week. The cost is determined by household income. Registration forms are now available at the NAS Youth Activities Center. Call 778-9772.

Mulligan's wreath decorating contest

Drop your command wreaths off by Dec. 1 and the judging will be complete by Dec. 15. This year's theme is "Around the World" and prizes will be awarded. Call 542-2936.

Letters from Santa

MWR called the North Pole to ask Santa if he would write a letter to the military children at NAS Jacksonville and Yellow Water. Parents please call Santa's Helpers at 778-9772 to register your names. Call between Dec. 2-20 and Santa's Elves will ensure your child receives their letters by Christmas.

Military Family Appreciation Carnival

November is Month of the Military Family. To recognize the support and commitment of our military families at NAS Jax, MWR will host a Military Family Appreciation Carnival at the NEX parking lot Saturday from 10 a.m. – 2 p.m. The carnival is free and open to all base personnel.

The Youth Activities Center will host its annual Turkey Bowl

on Nov. 23 from 1-4 p.m. at NAS Jax Freedom Lanes. The cost is \$3 per person.

Dance classes and Tae Kwon Do classes are available at NAS Jax and Yellow Water Youth Activities Center. If you are interested in registering your child stop by either center or give us a call at 778-9772 (NAS Jax) or 777-8247 (Yellow Water).

Mulberry Cove

Marina offers deals

The Mulberry Cove Marina is offering patrons a Turkey Deal. The deal is rent a boat for three days and pay for just two days use. This deal is good Nov. 15-17 and is offered for active duty only.

The Marina is hosting a "Light Up Your Boat" contest on Dec. 7. The judging will begin at 5:30 p.m. This event is open to all slip, mooring and dry storage patrons of the marina and the Navy Jax Yacht Club. The winning boat will receive a prize.

For more information, call 542-3260.

Visit MWR online at www.nas-jax.navy.mil and look for the tab marked MWR. This is your tab to unlimited fun. For questions or comments e-mail us at mwrmtg@nasjax.navy.mil.

The puck starts here!



Photo by IO2(SCW) Eric Clay

Capt. Mark Boensel, NAS Jax commanding officer, prepares to drop the puck at the start of the Jacksonville Barracudas vs. Macon Trax hockey game last Saturday night. Barracuda Team Capt. Mike Sanderson (left) and Macon Trax Team Capt. Corey Smith get ready to hit the ice.

COMMUNITY CALENDAR

The Navy Wives Club of America, NWCA Jax No. 86, meets the first Wednesday of every month. Meetings are held in Building 612 on Jason Street at NAS Jacksonville at 7:30 p.m.

The Thrift Shop is open Tuesdays and Thursdays and every other Saturday from 9 a.m. - 1 p.m. For more information call the Thrift Shop at 772-0242 or President Barbara Howard at 471-1444.

The Navy Wives Club's DID No. 300 will be held the second Thursday of each month. Our new meeting place is the Oak Crest United Methodist Church, Education Bldg. 5900 Ricker Road, starting at 7 p.m. For more information contact 387-4332 or 272-9489.

Clay County Chapter 1414, National Association of Retired Federal Employees, (NARFE) invites all retired and currently employed federal employees to their regular monthly meeting, the second Tuesday of each month at 1 p.m. at the Orange Park Library. For more information call 276-9415.

The Marine Corps League, Jacksonville Detachment holds their monthly meeting the first Thursday of the month at 7 p.m. at the VFW Post 7909 on Blanding Blvd. For more information call John Leisman at 779-7375.

Girl Scout Troop 333 meets every Wednesday from 7-8:30 p.m. at NAS Jacksonville Chapel Annex. All girls grade 4-6 are invited, adults are also

needed. If interested contact Lynne Sebring at 317-2363 or come to the meetings.

St. Joseph's New Directions is a year-round support group for the divorced and separated. Meetings are held the second and fourth Wednesday of every month.

The meetings start at 6:45 p.m. and are held in the Convent at St. Joseph's main church on Loretto Road. Call 268-1591.

Christian Fellowship Night will be held behind the Chapel in Bldg. 749 from 6:30 - 9 p.m. every Tuesday night. For more information call 542-3051.

Mandarin Adoption Center, a satellite of Jacksonville Animal Care and Control located at 10501 San Jose Blvd. is planning a special

adoption event Nov. 15-17. The goal for the weekend event is 75 adoptions. There will be free dog and cat food sample packs, giveaways, free sodas and snacks.

The National Naval Helicopter Association is holding their semi-annual membership drive and get-together tomorrow from 4-11 p.m. at River City Brewing Company. For more information, call Lt. Herlena Washington at 696-5005 or Maj. Vincent Williams at 696-5318.

The Jacksonville Genealogical Society will meet at 1:30 p.m., Saturday at the Webb-Wesconnett Library, 103rd. Street.

Members and visitors are encouraged to bring a favorite item they have from one of their ancestors for display and dis-

cussion. For additional information, call Mary Chauncey at 781-9300.

Venetia Elementary School is hosting "Real Men Read Day" on Nov. 20 at 9 a.m. On Nov. 21, the school will feature a "Family Reading Bonanza from 5-7 p.m. Any men interested in helping with the Nov. 20 event are requested to call Tammy Burrows at 381-3990.

The Jacksonville Semper Fidelis Society will hold their next monthly meeting on Nov. 20 at 11:30 a.m. at the Piccadilly Cafeteria near Regency Mall. For more information, call Sharon Leahy at 545-0635.

The Retired Officer's Association of Northeast Florida dinner/business meeting

will be held Nov. 20 at the NAS Jax Officer's Club beginning 6 p.m.

Reservations are required 48 hours in advance, the contact number is 269-2942. For more information on the club call 642-0089.

The Retired Officer's Association of Northeast Florida will hold their monthly business meeting Nov. 20 at 6 p.m. at the River Cove Officer's Club at NAS Jax.

Reservations are required by calling 269-2942. The guest speaker will be Capt. Mark Boensel, NAS Jax commanding officer.

The Scottish Music Festival will be held Nov. 24 at St. John's Cathedral, 256 East Church Street. The festival will begin at 5 p.m. For more infor-

Young Christians form youth group

A vibrant and motivated group of young adults (high school and college age) met last Sunday to become the charter members of the NAS Chapel Complex Youth Group. The Youth Group is looking for more members to participate in a variety of planned events. Meetings are held the first and third Sunday of each month at 12:30 p.m. and the second and fourth Tuesday of each month at 7 p.m. at the Religious Education Building.

For more information, call the Chapel at 542-3440.

JAX
TALES

By Mike Jones

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TPU holds chili cookoff

Transient Personnel Unit's First Chilli Cookoff proved to be a big hit. Winners of the tastiest chili were: NCCS(AW) Armando Gallardo who placed first, OS2 Virginia Kell who came in second and AK1(SW/AW) Monica Wroton in third.

SMOKING: Quit for a day

From Page 9

The Wellness Center will also sponsor some cessation events. Healthcare professionals at the center will offer personalized education programs about smoking alternatives such as the patch and Zyban, a smoking cessation medication. They are also offering a public hypnosis session at noon on Nov. 21.

It does not matter how long a smoker may have been smoking. It is never too late to quit. Very recently, Woodard has been able to help someone who had smoked for over 40 years to break the nicotine habit. He began with an educational program about the dangers of smoking and then put him on the Patch. Ultimately responsibility lies on the smoker to quit. "It's really going to be up to him whether or not he wants to quit smoking.

Woodard does have a few tips for the aspiring ex-smoker. Stress is the biggest pitfall that causes a relapse. Woodard suggests that they find more beneficial alternatives such as exercise to keep the stress away. He also says that the person who is trying to quit is going to need to make some lifestyle changes, at least for a short while.

To quit smoking takes a lot of strength and willpower, two attributes that are important to both Marines and Sailors. When asked which branch has been more successful in quitting he answered, "Well, they are about the same."

For more information, call the Wellness Center at 542-5292.

CPRW-11 shocks former champs to win volleyball finals

By Bill Bonser
Sports Coordinator

VP-30 has dominated intramural volleyball for last year by winning the Intramural Spring and Sand Volleyball Base Championships. In fact, they had won 29 straight games since the 2002 Intramural Volleyball Spring Season.

It seemed as if they were headed for their third straight title after finishing the regular season with a perfect 7-0 record.

CPRW-11 finished second with a 6-3 record, but their team became more competitive when they picked up two key players. VP-30 knew that CPRW-11 would pose a serious threat to their domination with the new additions.

VP-30 and CPRW-11 advanced to the winner's bracket final to meet for their first showdown in the playoffs. CPRW-11 won the first game 15-9 and gained immediate respect from VP-30. VP-30 bounced back by winning the next two 15-11 and 15-12 to advance to the championship.

Meanwhile, CPRW-11 had to win the loser's bracket final



Photos by Bill Bonser

Members of the CPRW-11 volleyball team display their trophies after winning the 2002 Fall Volleyball Championship. From left, Robert Hines, Robert Farley, Jose Hernandez, Edgar Roche, Shannon Bistline and Henry Curry.

against VR-58/ASTC to get another chance to play VP-30 for the base championship. CPRW-11 had little trouble with VR-58/ASTC as they knocked them out of the playoffs by winning the first two games 15-10 and 15-7.

VR-58/ASTC finished in third place and CPRW-11 found themselves in the championship with a chance to redeem their first loss to VP-30.

VP-30 had the upper hand because CPRW-11 had to beat

them twice in a row to win the championship. The teams were very evenly matched as both teams had great setters and spikers. In the first game, they were tied at 6 before VP-30 pulled out to a 10-6 lead, forcing VP-30 to call a timeout.

CPRW-11 fought back after the timeout to take the lead 13-12. The game was knotted at 14 until CPRW-11 was able to pull out a 16-14 win. The second game started out the opposite way that the first game did with CPRW-11 jumping out to an 8-2 lead, forcing VP-30 to call a timeout. The timeout proved to be crucial as VP-30 fought back to tie the score at 9. The rally was short lived as CPRW-11 pulled away to win the second game 15-10 and win the first match. The win evened the playing field as both teams had one loss and the final game would decide the base champion.

Game one of the championship was exciting, as both teams stayed neck and neck with CPRW-11 holding a 9-8 lead over VP-30. CPRW-11 went on a scoring binge and smashed VP-30, 15-8 setting up the possibility of



VP-30's James Paxton (right) attempts to spike the ball through the block of CPRW-11's Henry Curry.

dethroning the dominating VP-30 squad. It was obvious that CRW-11's persistence and team spirit had VP-30 rattled because CPRW-11 totally dominated the second game 15-5 to win the 2002 Intramural Fall Volleyball Championship.

JAX
SPORTS
NEWS

Sports officials and scorekeepers needed
The North Florida Military Officials Association is looking for people to officiate soccer, softball, football, and volleyball at NAS Jax. Scorekeepers are also needed for basketball. Experience is not required. If interested, contact Al Vandercar at 282-0809.

Turkey shoot racquetball tourney
This tournament will run Nov. 18-22 and is free and open to all NAS Jax authorized gym patrons over 18. There will be recreational and competitive divisions for men and an open division for women. Matches

start at 5 p.m. All winners receive turkeys. Sign up by Nov. 13.

Annual 5K Turkey Trot slated
The NAS Jax Athletics and Fitness Source will conduct the annual 5K Turkey Trot Nov. 20 at 11:30 a.m. The run is free and open to all authorized gym patrons. T-shirts will be given to the first 50 authorized patrons to call or sign up at the base gym or Fitness Source. The run will begin on Perimeter Road behind base housing off Mustin Road.

Greybeard basketball league forming
The Greybeard Basketball League is open to all NAS Jax active duty commands

and personnel ages 32 and above. Rosters are due by Nov. 22 and the season begins Dec. 3. Games are played Tuesdays and Thursdays at 11a.m. and noon.

Flag football meeting coming up
A 4-on-4 flag football meeting will be held Dec. 4 at the MWR conference room in Building 590 at 11:30 a.m. The league is open to all NAS Jax active duty personnel and is a Captain's Cup event. The season begins the week of Jan. 21. Games will be played in evenings under lights. All interested personnel should attend the meeting to discuss rules and receive registration

forms.

3-on-3 holiday basketball tourney set
This tournament is scheduled for Dec. 9 at 5 p.m. at the base gym. It is open to all NAS Jax active duty personnel. This is a Captain's Cup event and commands will receive Captain's Cup entry points for their command for participating. Call the base gym to sign up by Dec. 6.

For more information about any of the sports articles, call Bill Bonser, Sports Coordinator or Mike Gorman, Athletic Director at 542-2930/3239 or e-mail us at dbonser@nasjax.navy.mil or dgorman@nasjax.navy.mil.

In Gear

A weekly look at the automotive market

Ton of fun

Tiny Mini Cooper S got its start with 1966 model

By Dan Scanlan
Special

Gosh, it's tiny!
In fact, the original Mini, whose life began as a sketch on a restaurant tablecloth in the mid-1950s, looks positively miniscule even next to its sub-12-foot 2002 successor, itself the smallest car on sale in the United States.

Now, lots of folks had built front-wheel-drive cars before 1959. But no one had come up with the idea to integrate the gearbox under the engine in the sump, making for a tiny powerplant that left room for four.

The resulting first Mini was all that and more ... for less.

Designer Alec Issigonis came up with the unique front-wheel-drive car in 1957 with an engine that stuck the gearbox front and under so that nothing intruded into the passenger compartment. It went into production two years later, British Motor Corporation offering basic and deluxe versions of the Morris Mini Minor or Austin Se7en. But as soon as folks saw the 34-horsepower cars, they nicknamed it the Mini and it stuck.

The base model cost about \$750 in today's dollars, with a paltry 850-cubic-centimeter engine, sliding side windows and a speedometer in the center of a package shelf. Because of its lower center of gravity, Mini owners found the little box with 10-inch wheels at each corner handled quite well. So John Cooper, two-time World Champion Formula One car builder, went to BMC with an idea of giving the Mini more power. Starting with a 997-cc, 55-hp engine and ultimately evolving into a 76-hp, 1.3-liter S, the Mini Cooper started winning races, while a '91-hp Works version won the Monte Carlo Rally from 1964-1967.

The company that took over BMC – British Leyland – stopped production of the cheeky little Coopers in 1971, as versions badged as Rileys and Wollesleys with more elegant grilles and lots of leather and wood inside expanded the range. A redesign in the late 1960s with a squared-off nose, known as the Mini Clubman, wasn't well received. Yet the basic model survived even when Rover took over in the 1980s. With 40 different special editions, the Cooper revived in 1990.

BMW bought out the Rover Group in 1995, taking over construction of Rover automobiles, Land Rovers, Minis and a revived MG. But in March 2000, the German company sold off all but Mini as work proceeded on the second-generation model. The final version of the original Mini rolled off the production line on Oct. 6, 2000, complete with air bags, a/c and stereos.

While the car is a cult hero in Europe, Japan and England, it was only sold in the United States for a few years in the 1960s, and only about 20,000 of the 5.3 million made between 1959 and 2000 were sold here. One of them is John Greenwood's 1966 Mini Cooper S.

Did I say it's tiny?

Greenwood's car stands about belly-button high, while its silver fenders are



Dan Scanlan/special

The new Mini Cooper S (back) is a small car by U.S. standards – only about 12 feet in length. But the original 1966 Mini Cooper S looks tiny at 10 feet in length.

a tad higher than my knee. Looking quite aggressive with four Hella rally lights along its slim chrome nine-bar bumper, it sits on lightweight eight-spoke alloy wheels wearing aggressive-yet-small 10-inch radials under bolt-on plastic flares. The tiny bonnet hides a 86-hp, 1,380-cc engine with a big carburetor and four-speed gearbox, replacing the original 76-hp, 1,275-cc engine and its three-speed gearbox. It's a short trip to the almost upright windscreen, while the silver roof stays flat as it heads aft to a tiny rear window and flip-down boot (licence plate BIG ENUF) that shares space with a nine-gallon gas tank.

"Nobody knows what it is, except for a few older people who ran sports cars in the 1960s, or a lot of Navy people who were in Scotland and had one," he said. "A lot of people know what they are, but a lot don't."

Greenwood was working for racer Jim Downing in Atlanta in 1970 when he saw his first Mini. He helped retune it and saw how fast it could go.

"It sounded so good and looked so nice, and I always wanted one," he said. "This is about my 10th, working progressively from really nasty ones."

You have to reach down to open the tiny doors. But when you do, there's a surprise awaiting – room! The central speedometer of the early version was gone by 1966, replaced with a proper dashboard with deep-grained wood veneer and a complete gauge package – 120-mph speedometer on the left, 8,000-rpm tach on the right and a gas and temperature in the middle. Air

vents frame the padded plastic-topped dash, while air flow is controlled with a slide switch for a fan or by cranking open the roll-down windows via simple plastic cranks on the embossed vinyl door panels.

The steering wheel is a 1960s' Brit-cheap, vinyl clad four-spoker with combination turn signal/horn stalk on the left. Its cloth seats are cushy and comfortable low-back buckets that sit very low, leaving my knees slightly elevated. Yet there is surprisingly good head and leg room for two adults, with a tiny four-speed gearshift stalk in between. Greenwood's modifications include a rally timing clock and switches for the auxiliary lights.

Rear-seat accommodations?

The front seats flip and slide forward easily, and when I folded by tall frame into the cloth bench seat in back, my head hit the headliner, but my feet fit neatly under the front seat. In fact, there is more leg room here than in the new Mini!

I've always wanted to drive an original Mini, and Greenwood's 97,000-mile-old model one didn't disappoint.

The massaged engine fired quickly, its idle lumpy thanks to the reworked crankshaft. Warmed up, it had a crackling snarl as we let the revs rise to about 5,500 before moving the delicately tiny gear shift up the four-speed gearbox, pulling away smartly with a fruity snort from the tiny rear pipe.

"I like to drive it on something windy and twisty," Greenwood said. "It just goes around a corner like it is on rails and steers like a go-cart."

Taking it out on twisty Mount Pleasant Road, it did handle like a go-cart, nimbly hanging on in the corners and snarling up hills like they weren't there. You can hear the gear whine as it shortly and precisely shifts up the range. The petite front disc/rear drum brakes had good stopping power, while those tiny tires gripped well. The ride was firm but comfortable, a novel rubber cone and shock suspension absorbing bumps well. But hit a bump and the car feels like it hops a bit.

The bonnet is so short you expect to see your toes hanging out the grille, while the rear window is very close, and so is the petite rear bumper if a truck rumbles up behind. Crank the windows down and you get a great breeze and easily can hang an elbow out for that sporty look.

Now, how does a veteran classic Mini owner feel about its new successor, after a brief drive in a 163-hp 2002 Mini Cooper S?

Greenwood said "it's faster," and "not a bad car, but it's not the original."

"It has a supercharger and a lot bigger engine. But on the other hand, it's a lot larger car," he said. "In today's market, it is as good as you are going to get. With the constraints set upon it by emissions and safety, that is probably as good as it will get. The original was on borrowed time."

After an extended 30-minute drive in a classic Mini Cooper S, I can see why it has been a cult car around the world. It's so fun. I would love to have one, complete with a bumper sticker that reads "I think your car is funny looking too."



Dan Scanlan/special

Take a close look and you'll see the family resemblance between one of the first Mini Cooper S models – 1966 model on the left – and the newest one – the 2002 on the right.



Dan Scanlan/special

The original Mini Cooper S may look like it's only fit for a tiny person, but there is actually room for four adults inside the 10-foot-long British car with a lovely wood-faced dashboard.